

Benefit Report - May 2009

Benefit Changes

As of **today**, there has been NO change to your benefits.

Is it time to see the dentist or have an eye exam? Has your WILL been written or updated? Use them in case we lose them!

Cardiac Rehabilitation

Can be a benefit for enrollees prior to age 65. Members must obtain approval in *advance*. Please call BCBS at 1-800-482-2210 or Blue Health Connection at 1-800-775-2583 to start the review process.

Physical Therapy

Guidelines must be followed for to be a covered benefit. Obtain the diagnosis code prior to treatment and contact BCBS to make sure diagnosis is covered. (Chronic conditions typically are not payable.) Physical Therapy must be performed by an approved facility. Coverage can be provided for up to 60 visits per condition per calendar year.

Diabetic Supplies & Durable Medical Equipment (DME)

Some physician's offices (ex. Pine Medical Group) are dispensing braces or casts as a service at the time of your appointment. These are billed under a separate provider and NOT covered in full. Make sure the DME provider contracts with Northwood/NPN.

Northwood/NPN was contracted by BCBS to provide all durable medical equipment such as braces, crutches, wheelchairs, sleep apnea equipment, test strips and lancets for diabetic patients. This type of equipment must be purchased through a provider that participates with Northwood/NPN; such as Airway Oxygen, CareLinc, Wright & Filippis. Contact Northwood at **800 936-9314** for providers in your area.

Test strips and lancets for diabetic patients are a benefit through Northwood/NPN. Contact Northwood/NPN at **800 936-9314** for quantity limits, payment guidelines, or for a provider in your area. If an enrollee requires syringes to inject insulin, the insulin and syringes are considered a package deal through Medco Health and they **must** be ordered at the same time. These items can also be filled through the mail order program. Questions regarding durable medical equipment (DME) should be directed to Northwood/NPN, the phone number is **800-936-9314**.

Active Employees Only

Bitewing x-rays once every calendar year for enrollees age 14 and younger; and once every two years for enrollees age 15 and older. Make sure to make your dentist aware of this benefit change.