

BENEFITS REPORT

January 2010

GM Life Insurance

Optional and Dependent life insurance premiums increase every five (5) years. The increase is quite significant the older we become. If you are buying either of these, the premium increase happens in December for the upcoming year. Review your pension check stub and make sure you know what you are buying.

Example: A 75 year old buying \$10,000 dependent life insurance, which is paid out in the event of his spouse's death, has a premium of \$55.50 per month.

Are you buying the above Optional coverages?

How much Basic Life Insurance do you have?

Do you know who will receive your Life Insurance after you pass away?

Do your loved ones know?

Beneficiary and other information is available at MetLife. Follow the links for Life Insurance at www.gmbenefits.com or call 1-888-543-3461. Don't wait until it's too late.

Laid-Off Employees - UNEMPLOYMENT Extensions

Once you are into your UC Extension you need to submit the following to SUB Benefits to continue SUB payments.

1. You must submit your Emergency Unemployment Compensation Determination from the State.
2. Proof of Unemployment pay (www.michigan.gov/uia or 1-866-845-0077).
3. Paper SUB application. (available at www.layoffbenefits.com)

Once they receive it, and if it is all in good order, a SUB payment should be paid out in approximately two weeks.

Discounts/Savings by carrying Blue Cross

Go to www.BCBSM.com

Log in, or register as a new user.

Search for "365 blue" to get a list of discounts available to you.

Discounts are available by using your BCBS card at places such as Weight Watchers, Holland Aquatic Center, and Plumb's Market. The website is updated monthly—visit it for a complete list of vendors.

MEDCO Health

Diabetic Supplies – The insulin and the supplies have to be on the same prescription in order to be charged a one co-pay fee.

Discounts for Nexium can be found at www.purplepill.com or 1-800-4nexium.